

7th December 2018

RE: Nut Free School

Dear Parent,

As we have several pupils in school who suffer from a severe nut allergy our school has a 'nut free' school policy which we regularly remind parents of.

We do not include any foods or ingredients in our Dining Club menu that contain nuts. All the products we sell in the Academy Café are also nut free. It is, however, becoming increasingly difficult for us to source products and ingredients that are guaranteed to have been prepared in a nut free environment.

In addition to sourcing nut free products for the Dining Club and Academy Cafe, we ask that you do not provide the following foods in your child's packed lunch or break time and after school snacks:

- Any nuts
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Houmous (contains tahini paste made with sesame seeds)
- Nutella
- Peanut butter
- Cakes made with nuts
- Muesli bars
- Biscuits

It has been brought to my attention that some children do have packed lunches with food stuffs that may contain nuts. We are unable to check what is included in every child's packed lunch before it is opened and eaten so your help in supporting our nut free policy to safeguard the wellbeing of all children is essential.

For parents who have children with allergies it is really important that you are aware of our policy and approach and meet with us to put in place a risk assessment and plan for your child and they know they must not accept food offered to them by other children.

Please do contact the school admin@bcps.org.uk or admin@wcps.education if you have any questions or concerns.

Yours sincerely,



Jonathan Bishop
Executive Headteacher

